

My Active Calendar



It is always important to keep fit and healthy (and have fun doing it!)

Here is your very own Get Set 4 PE Active Calendar. Your challenge is to complete an active game for every weekday throughout May. Follow these steps to help you:

- Go to www.getset4pe.co.uk and click on the Active Families tab at the top of the page.
- Pick an active game and play it (if you love a game you can play it again another day).
- Write the name of the game you played onto your active calendar and enter an emotion face to show how it made you feel.

www.getset4education.co.uk



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My Active Calendar

Name:

May 2023

Education					
	MON	TUE	WED	THU	FRI
	1	2	3	4	5
I feel awesome.					
	8	9	10	11	12
It was ok.					
() It was ok.	15	16	17	18	19
The in circular					
This isn't the game for me.	22	23	24	25	26
			Vav	VOL	
			Yay, you did it!		

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