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|  | **Reception** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| Term 1 | Under over and through | Multi skills | Throwing and catching  Dance | Rugby  **Hockey** | Tennis  Hockey | Tennis Hockey | Rugby Hockey |
| Term 2 |  | Dance | Making up games  Dance | **Netball**  Dance | **Netball**  Dance | Netball  Dance | Football  Dance |
| Term 3 | PE – large apparatus | Gymnastics | Dribbling, kicking, hitting Gymnastics | Football  Gymnastics | **Tag rugby** Gymnastics | Tag rugby Gymnastics | OAA Gymnastics |
| Term 4 | Let’s get moving | Games | Group games and inventing Gymnastics | Tennis  Gymnastics | Swimming | Circuit training Gymnastics | Circuit training Gymnastics |
| Term 5 | Ball skills | Athletics | Couch to 5km | Athletics  **Cricket** | Swimming | Athletics Cricket | Athletics  Cricket |
| Term 6 | Team games | Athletics | Couch to 5km  Athletics (throwing and jumping) | Athletics  **Rounders** | Swimming | Dance Rounders | Volleyball Rounders |