

Referrals

If you are worried that your child could have a neurodevelopmental condition, please speak to your school or GP about them. They may make a referral to our service using our referral form: <https://cwrise.com/how-to-refer-to-neurodevelopment>

The neurodevelopmental service provides assessments and a small amount of direct support. Before an assessment, that support is online: <https://cwrise.com/parent-and-carer-resources>

After a diagnosis is made, you will be offered a short course called 'Intervention-Understanding ASD and ADHD'. <https://cwrise.com/parent-and-carer-resources>



The Neurodevelopmental Service predominantly offers diagnostic assessments, however there is additional support available.

'How to Help' parent/carers Information sessions:

You can access the below support online while your child is waiting for an assessment or following their assessment:

- ☀ Pre-Assessment: Accessing Local Support/ Services (face-to-face)
- ☀ Talking and Listening to your Child
- ☀ Supporting your Child's Sensory Needs
- ☀ Emotional Regulation

Post Diagnosis Groups

Understanding ASD and ADHD

The aims of the sessions are:

- ☀ To understand common difficulties of children with ASD and ADHD.
- ☀ To develop strategies to support your child.

The content of the sessions includes:

- ☀ Understanding neurodevelopmental conditions
- ☀ Understanding emotions
- ☀ Understanding risk and vulnerability
- ☀ Creating your toolkit

Neurodevelopmental Service



Rise is a family of NHS-led services providing emotional wellbeing and mental health services for children and young people in Coventry and Warwickshire.

Rise aims to build resilience and empower children and young people (as well as the adults in their lives) to know where to go for help and advice.

It's made up of a number of different services, each lead by a mental health specialist.

What are *Neurodevelopmental Disorders*?

Neurodevelopmental disorders are conditions that can affect behaviour, relationships, problem solving, stress management, behaviour and learning. The conditions we specialise in are Autism Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD). Children and young people may have one or both of these conditions.

How we work

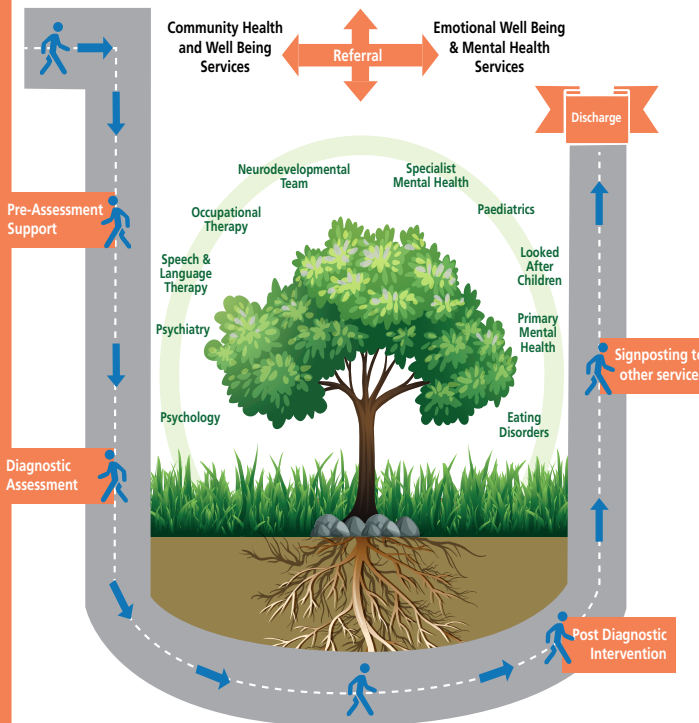
The Neurodevelopmental Service works with children and young people from pre-school up to 17 years of age. The team provides assessments and advice after a diagnosis of ASD or ADHD. Our team includes speech and language therapists, occupational therapists and psychologists. We have strong links with mental health team colleagues and doctors (paediatricians and psychiatrists). Most children and young people will only see one or two of us but we may seek advice from our other colleagues to help us to give you the best advice.

The team members have a high level of training, expertise and experience in ASD and ADHD and we try to help children, young people and their parents to understand and learn how to support their child. We also work with other teams in and outside the NHS to help them to understand neurodevelopmental conditions and develop their own skills to help young people with ASD and ADHD within their services.



Our team aims to empower children and young people and their families to deal with day-to-day difficulties with behaving appropriately, managing change, coping with sensations and experiences, holding conversations, and getting along with other

people. Sometimes, these children and young people will also need help from other services. Most often these would be mental health, occupational or physiotherapy, speech and language therapy, and/or paediatrics.



Tree illustration courtesy of Freepik

How you can *access our services*

We have a page on the Rise website where you can find information and advice. The Frequently Asked Questions can answer a lot of queries about referrals, waiting times and the way the service works: <https://cwrise.com/neurodevelopment>

The Dimensions tool will provide information that is more closely related to an individual's profile of needs and difficulties: <https://dimensions.covwarkpt.nhs.uk>

The neurodevelopmental team has some online information sessions to help parents and teachers understand some of the common issues in ASD and ADHD: <https://cwrise.com/parent-and-carer-resources>

