



# THE STRATFORD PRIMARY STANDARD



## DATES AND THINGS TO REMEMBER

**18<sup>TH</sup> September – Year 5 Bell Boating**

**23<sup>rd</sup> September – Cycle/Scoot/Walk to School week (leave the car at home or further away)**

**23<sup>rd</sup> September – Year 3 Heart of England Visit**

**24<sup>th</sup> September – Year 4 Heart of England Visit**

**25<sup>th</sup> September – Year 5 Heart of England Visit & Y3 Stonehenge Visit**

**For all trips don't forget; wear layers, packed lunch, plenty of drinks, hat & sunscreen.**

**DON'T FORGET TO RETURN DATA PERMISSION SLIPS TO THE OFFICE**

**REMINDER – WE OPERATE A ONE WAY SYSTEM. DO NOT WALK ACROSS THE CAR PARK IN THE MORNING PLEASE. Also NO DOGS ON SCHOOL SITE. They must stay in the car park.**



## HOUSE POINTS

**Arden – 1230**

**Hall – 1204**

**Shakespeare – 1249**

**Hathaway – 1158**

**Winners - Shakespeare**

# ATTENDANCE

George, Desmond and Mildred are super excited.

**Our attendance so far is fabulous.**

Whole School = 98.3%

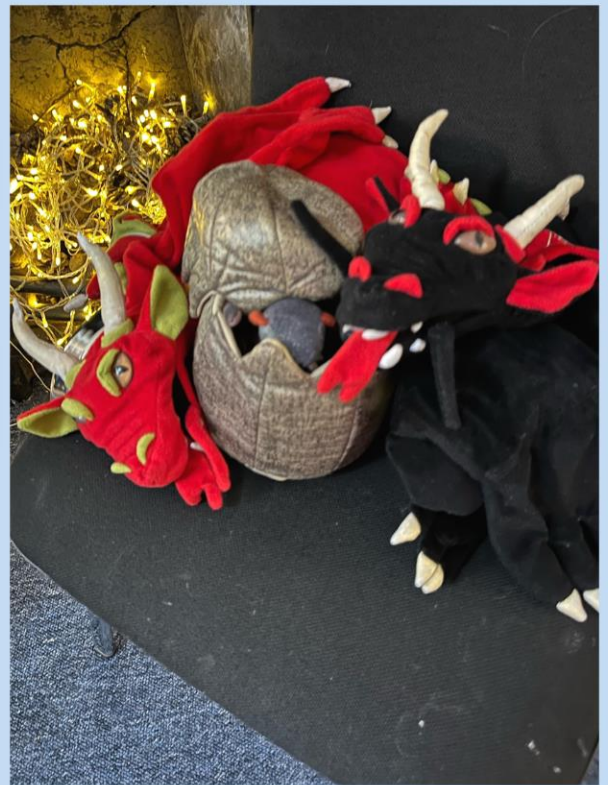
Reception = 99% Year One = 97.5%

Year Two = 98.7% Year Three = 100%

Year Four = 99.4% Year Five = 98.1%

Year Six = 98.9%

**Y3, Reception and Y4 get the dragons.**



## SAFEGUARDING - IS EVERYONE'S RESPONSIBILITY



Discover how you can improve your health and wellbeing with the 5 ways to wellbeing: connect, be active, take notice, keep learning and give.

<https://www.wellbeing4life.co.uk/>



The 5 Ways to Wellbeing can help you improve your mental health and wellbeing, and your overall feeling of happiness.

Here are some simple, effective ideas to help you choose how to increase your personal wellbeing.

Remember! It doesn't matter how much or how little you do – all positive action helps.

### Keep learning

Learning new skills can build your sense of achievement, confidence and self-esteem - and will keep your mind active.

#### You can:

- Try a new or re-discover an old hobby or activity
- Read, or try a new book genre
- Take part in a quiz
- Do a crossword puzzle or Sudoku
- Try a new recipe
- Explore local history or art collections (these can be done in person or online)

Keep Learning

### Be active

You can walk, run, dance or stretch your way to wellbeing – whatever works for you.

#### You can:

- Take the stairs instead of the lift
- Go for a walk at break or lunchtime
- Stretch and move your body while you are sitting
- Count your daily steps and set increasing goals
- Join a local activity group, such as dancing or multifit
- Walk to the corner shop rather than driving

Be Active

### Connect

Spending time building positive relationships and social connections with family, friends, neighbours and colleagues is great for your sense of happiness and wellbeing.

#### You can:

- Speak to friends and family more often
- Reconnect with an old friend or acquaintance
- Visit someone who might enjoy some company or help
- Talk to someone new
- Ask again if someone doesn't seem okay
- Ask your neighbour how they are doing?

Connect



Our school has signed up to the Safe and Active Schools Programme 2024-2025. As part of the programme all children will be receiving age-appropriate road safety sessions, and we will also be participating in and promoting active travel.

We recognise how important messaging is for our children. Your children copy your actions, and your behaviour serves as a powerful role model. We would like to ask all our families to model the safest behaviours near the road for children to copy and make good choices around travelling actively on the school run. We will be sharing messages and ideas from the Safe and Active Schools team and further information about the children's road safety learning in school throughout the year.

For further information about road safety and active travel you can follow or contact the road safety education team.

X (previously Twitter) - **@WCCSafe\_Active**

Facebook - **@WCCSafeActiveTravel**

Email - **roadsafetyeducation@warwickshire.gov.uk**



## Action Duchenne launches 2024 Design Competition

Do you love art and design? Would you like to see your design published? Action Duchenne are looking for talented young artists to help us! They need YOU to design the front cover of the 2024 Conference Brochure and our 2024 Christmas Cards.

The Theme is 'Celebrating Inclusivity'

Visit the following link for all the details

<https://www.actionduchenne.org/action-duchenne-launches-2024-design-competition/>

A promotional poster for the Action Duchenne 2024 Design Competition. The background is a vibrant blue with large, colorful paint splashes in light blue, yellow, red, and green. In the top left corner is the Action Duchenne logo, which consists of a black circle with the words 'ACTION' and 'DUCHENNE' in white. The main title, 'Action Duchenne Launches 2024 Design Competition', is written in bold black text at the top. Below the title, three key points are highlighted within the colored splashes: 'Design the cover of our Conference 2024 Brochure' in a light blue splash, '4 age categories & brilliant prizes' in a red splash, and 'Create our 2024 Christmas cards' in a yellow splash. A green splash contains the text 'Paint, draw or digital - however YOU want'. At the bottom, the closing date 'Closing date: Sunday 22nd September' is written in bold black text.

**ACTION  
DUCHENNE**

## Action Duchenne Launches 2024 Design Competition

Design the cover of our  
Conference 2024 Brochure

4 age  
categories &  
brilliant  
prizes

Create our  
2024 Christmas  
cards

Paint, draw  
or digital -  
however  
YOU want

**Closing date: Sunday 22nd September**





## MESSAGE FROM THE DESK OF MRS HUMPHRISS

Well another academic year is underway and welcome back to all our old families and hello to all our new ones. The children have settled back into school well and it is lovely to have our corridors filled again with their laughter and chatter.

We started our year off with Laughter Yoga. The children had much fun learning some laughter exercises. Get them to show you the lion!!! We laughed off our fears and started the day with happiness.

It has also been great to see so many of you attend our Meet the Teacher sessions and we hope to see you at many more events throughout the year.

Democracy has been present throughout the school as our Year 6's wrote and presented speeches to the different houses and the children voted for their House and Vice Captains. Congratulations to Millie & Alex (Shakespeare), Freddie & Arina (Hathaway), Dottie & Sonny (Arden) and Sara, Lottie & Audrey (Hall). They will introduce themselves in our next newsletter.

The children also voted for school council members in their year groups. The council will work with Mrs Bean on sustainability and eco issues. Well done to Naia, Daniel, Tobias, Imogen, Luca, Martha, Fred, Lucie, Titus, Hugo, Martha, Alex and Emma who are looking forward to their new roles.

A huge well done to our Reception children who have started school so well. They are a delight and we are looking forward to getting to know them over the next 7 years.

We also started our year off learning about growing a friendship garden. The children are working together to support each other and help each other out. Let's all make it our mission to be lovely to each other.

Remember 'A friend is one of the nicest things you can have and one of the nicest things you can be.' *In the words of Winnie the Pooh.*

