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|  | **Reception** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| Term 1 | Intro to PE | Fundamental skills  Fitness | Fitness  Team building | Fundamental skills  Ball skills | Tag rugby  Fundamental skills | Tag rugby  Hockey | Tennis  Hockey |
| Term 2 | Fundamentals | Team building | Send and receive  Forest school | Fitness  Tennis | Fitness  Tennis | Fitness  Dodgeball  Table tennis | Dodgeball  Dance |
| Term 3 | Gymnastics | Dance  Yoga | Dance  Forest school | Dance  Gymnastics | Dance  Gymnastics | Table tennis  Yoga  Gymnastics | OAA  Gymnastics |
| Term 4 | Dance | Gymnastics | Striking and fielding  Forest school | Dance  Basketball | Swimming  Table tennis | Dance  Gymnastics | Handball  Table tennis  Fitness |
| Term 5 | Ball skills | Striking and fielding | Gymnastics  Forest school | Football  Rounders | Swimming  Rounders | Netball  Football | Fitness  Table tennis |
| Term 6 | Games | Athletics | Athletics  Forest school | Athletics  Table tennis | Swimming  Athletics | Athletics  Rounders | Athletics  Cricket |